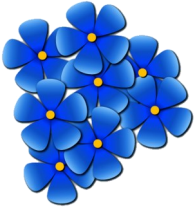
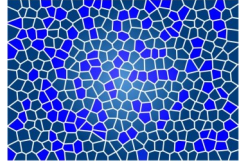



Connections Recovery Center

April 2017

Su	Mon	Tue	Wed	Thu	Fri	Sat
	(*) denotes group or activity is part of the Enhanced Wellness Initiative.					1
2	3 *Fresh Air Club/Tobacco Recovery Support: 1:30-2:30pm. Art Class: 4:00-6:00pm. T.	4 	5 Parenting Support Group: 6:00-7:00pm	6 Knitting & Sewing: 3:00-4:30pm. T. *Recovery Support Group: 6:00-7:30pm. T.	7 *WHAM Group: 12:30-2:00pm. T. *Healthy Living: 3:30-5:00pm. Fridays at the YMCA. T.	8 *Trip to the Public Market: 10:30-12:00pm. Call Connections at 270-5482 to RSVP. T.
9	10 *Fresh Air Club/Tobacco Recovery Support: 1:30-2:30pm. T. *Women's Worth: 3:30-5:00pm. T.	11 *LGBT Support Group: 3:30-4:30pm. T.	12	13 *Recovery Support Group: 6:00-7:30pm. T.	14 *WHAM Group: 12:30-2:00pm. T. *Healthy Living: 3:30-4:30pm.	15 
16	17 *Fresh Air Club/Tobacco Recovery Support: 1:30-2:30pm.	18 	19 *Men's Group: 4:00-5:30pm. T. Parenting Support Group: 6:00-7:00pm	20 Knitting & Sewing: 3:00-4:30pm. T. *Recovery Support Group: 6:00-7:30pm. T.	21 *WHAM Group: 12:30-2:00pm. T. *Healthy Living: 3:30-5:00pm. Fridays at the YMCA. T.	22 Mosaic Class: 1:00-3:00pm. Create your own original mosaic piece of art! T.
23 / 30	24 *Fresh Air Club/Tobacco Recovery Support: 1:30-2:30pm. T.	25 *Art Therapy: 1:00-2:00pm. T.	26 *Memorial Art Gallery: 1:00-3:00pm. RSVP. T. Parenting Support Group: 6:00-7:00pm	27 *Recovery Support Group: 6:00-7:30pm. T.	28 *WHAM Group: 12:30-2:00pm. T. *Healthy Living: 3:30-4:30pm. Nurturing Your Spirit.	29

Connections Recovery Center
155 Dartmouth Street - rear carriage house
Rochester, NY 14607
Phone: 585-270-5482 (main)
www.easthouse.org

SIGN UP FOR ACTIVITIES AT 585-270-5482.
T: Transportation: Limited transportation is available to members living within 10 miles of Connections. You must call at least 24 hours before an event to sign-up or make a change. Please leave your name, activity, and phone number. On the day of pick-up, you may also call Gerald at 585-208-9158 or Susan at 585-435-0149.

