
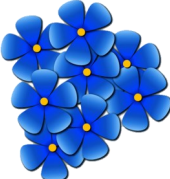



# Connections Recovery Center

June 2017

Su	Mon	Tue	Wed	Thu	Fri	Sat
	(*) Denotes group or activity is part of the Enhanced Wellness Initiative (EWI).			<b>1</b> <b>Creativity Club:</b> 2:30-3:30pm. T.  <b>*Recovery Support Group:</b> 5:00-6:00pm. T.	<b>2</b> <b>*Healthy Living:</b> 11:00-12:00pm. Walk at Highland Park. T.	<b>3</b>
<b>4</b>	<b>5</b> <b>*Fresh Air Club/Tobacco Recovery Support:</b> 1:00-2:00pm.	<b>6</b> <b>*Cooking Matters:</b> 4:00-6:00pm. T.	<b>7</b>	<b>8</b> <b>Creativity Club:</b> 2:30-3:30pm. T.  <b>*Recovery Support Group:</b> 5:00-6:00pm. T.	<b>9</b> <b>*Healthy Living:</b> 1:00-2:00pm. Circuit Training Class at RORecovery Fitness. T.	<b>10</b>
<b>11</b>	<b>12</b> <b>*Fresh Air Club/Tobacco Recovery Support:</b> 1:00-2:00pm.	<b>13</b> <b>*Cooking Matters:</b> 4:00-6:00pm. T.	<b>14</b> <b>*LGBT Support Group:</b> 3:00-4:00pm. T.	<b>15</b> <b>RIT Enrichment Graduation</b> 3:30-6:30pm. T.	<b>16</b> <b>*Healthy Living:</b> 11:00-12:00pm. Walk at Cobbs Hill Park. T.	
<b>18</b>	<b>19</b> <b>*Fresh Air Club/Tobacco Recovery Support:</b> 1:00-2:00pm.	<b>20</b> <b>*Cooking Matters:</b> 4:00-6:00pm. T.	<b>21</b>  Summer Solstice	<b>22</b> <b>Creativity Club:</b> 2:30-3:30pm. T.  <b>*Recovery Support Group:</b> 5:00-6:00pm. T.	<b>23</b> <b>*Healthy Living:</b> 11:00-1:00pm. Community Health Fair. T.	<b>24</b>
<b>25</b>	<b>26</b> <b>*Fresh Air Club/Tobacco Recovery Support:</b> 1:00-2:00pm.	<b>27</b> <b>*Cooking Matters:</b> 4:00-6:00pm. T.	<b>28</b>	<b>29</b> <b>Creativity Club:</b> 2:30-3:30pm. T.  <b>*Recovery Support Group:</b> 5:00-6:00pm. T.	<b>30</b> <b>*Healthy Living:</b> 1:00-2:00pm. Nurturing Your Spirit. T.  <b>LGBT Support Group:</b> 2:00-3:00pm. At Equal Grounds.	

**Connections Recovery Center**  
 155 Dartmouth Street - rear carriage house  
 Rochester, NY 14607  
 phone: 585-270-5482  
[www.easthouse.org](http://www.easthouse.org)

**SIGN UP FOR ACTIVITIES AT 585-270-5482.**

**T: Transportation:** Limited transportation is available to members living within 10 miles of Connections. You must call at least 24 hours before an event to sign-up or make a change. Please leave your name, activity, and phone number. For transportation questions on the day of activity, please call Susan at 585-435-0149.

