



Friends and Family Night

Are you currently the parent, spouse, loved one or support for a current East House client? Are you currently residing within one of East House's programs? Then, this monthly meeting is for you!

The Friends and Family Night topics and dates are:

Wednesday, October 11, 2017

Topic: Relapse Prevention- creating a relapse prevention plan for mental health and substance use recovery. Guest Speaker: Elizabeth Kingsley Curran Director, Admissions and Tamara Singletary, Family Program Coordinator.

Wednesday, November 8, 2017

Topic: Family Connections- supporting a loved one who is diagnosed with Borderline Personality Disorder. Guest Speaker: Michele Peter from Family Connections Group.

Wednesday, December 13, 2017

Topic: Hope for relatives and friends of loved ones who struggle with substance use. Guest Speaker: Dawn from Nar Anon.

All sessions will be from 5:30pm until 6:30pm in East House's Multipurpose Room at the Monroe Avenue location on the second floor. Parking is available in the rear of the building and light refreshments will be served.

Please RSVP for this event at 585.238.4800 or admissions@easthouse.org no later than the Friday before each session.