

Recovery Support Services

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Open Computer Lab: 1:00-3:00pm. Arts & Crafts: 1:30-3:00pm. Faux Stained Glass.	2 Brain Train: 10:00-11:00am. Walk: 1:30-2:00pm. Resume Writing: 2:00-3:00pm.	3 Job Club: 1:00-3:00pm. Basic Computer Skills: 3:00-4:00pm.	4 Brain Train: 10:00-11:00am. Connections Cafe: 12:30-1:30pm. Walk: 1:30-2:00pm.	5 Walk: 1:00-2:00pm. Cobbs Hill Reservoir.
8 Open Computer Lab: 1:00-3:00pm. Breaking Free from Tobacco: 1:00-2:00pm. Women's Group: 2:00-3:00pm	9 Brain Train: 10:00-11:00am. Walk: 1:30-2:00pm Résumé Writing: 2:00-3:00pm.	10 Job Club: 1:00-3:00pm. Basic Computer Skills: 3:00-4:00pm. Friends & Family Night: 4:30-5:30pm.	11 Brain Train: 10:00-11:00am. Connections Cafe: 12:30-1:30pm. Creative Writing: 2:00-3:00pm.	12 Walk: 1:00-2:00pm. Cobbs Hill Reservoir.
15 Open Computer Lab: 1:00-3:00pm. Nurturing Your Spirit: 12:30-1:30pm. Arts & Crafts: 1:30-3:00pm. Tree Collage.	16 Brain Train: 10:00-11:00am. Walk: 1:30-2:00pm. Resume Writing: 2:00-3:00pm.	17 Job Club: 1:00-3:00pm. Basic Computer Skills: 3:00-4:00pm. LGBTQ+ & Friends: 2:00-3:30pm Rundell Library Trip: Visit Stonewall 50 exhibit	18 Brain Train: 10:00-11:00am. Connections Cafe: 12:30-1:30pm. Walk: 1:30-2:00pm.	19 Walk: 1:00-2:00pm. Cobbs Hill Reservoir.
22 Open Computer Lab: 1:00-3:00pm. Breaking Free from Tobacco: 1:00-2:00pm.	23 Brain Train: 10:00-11:00am. Walk: 1:30-2:00pm. Resume Writing: 2:00-3:00pm.	24 Job Club: 1:00-3:00pm. Basic Computer Skills: 3:00-4:00pm.	25 Brain Train: 10:00-11:00am. Connections Cafe: 12:30-1:30pm. Creative Writing: 2:00-3:00pm.	26 Walk: 1:00-2:00pm. Cobbs Hill Reservoir.
29 Open Computer Lab: 1:00-3:00pm. NAMI Walk Warm-Up Party: 1:30-3:00pm.	30 Brain Train: 10:00-11:00am. Walk: 1:30-2:00pm. Resume Writing: 2:00-3:00pm.			Save the Date NAMI Walk—May 3, 2019

Recovery Support Services
259 Monroe Avenue, Suite 200
Rochester, NY 14607
Phone: (585) 238-4800
www.easthouse.org

SIGN UP FOR ACTIVITIES AT (585) 238-4800

Location: We are located at Monroe Square which is on the 47 bus line. Limited transportation and bus passes are available for clients for some activities. You must call at least 24 hours before an event to sign-up or make a change. Please leave your name, activity, and phone number.

