WHAT SHOULD I DO IF I AM INTERESTED IN EAST HOUSE HOME & COMMUNITY-BASED SERVICES (HCBS)?

If you are interested in East House HCBS, please contact your Health Home Care Manager (HHCM). Your HHCM will research available services and begin the referral process, which includes an assessment.

WHAT IF I DO NOT HAVE A HEALTH HOME CARE MANAGER (HHCM)?

If you do not have a HHCM, you should contact your therapist to find out about eligibility requirements.

EAST HOUSE assists individuals in recovery from mental health and substance use disorders to recover and live healthy and fulfilling lives. Each year, more than 1,400 individuals and their families are supported by East House programs and services which are provided by more than 175 staff members. East House is a valued community resource and continues to move lives forward each day.
At East House, we understand recovery. We empower individuals in recovery to have an optimal quality of life and symptom reduction by providing services which encourage treatment, education, employment, overall health, stable housing and general well-being. East House Home & Community-Based Services are an important part of our mission, and is accepting referrals for the following services:

- Education Support Services
- Pre-Vocational Services
- Short-Term Crisis Respite
- Empowerment Services - Peer Support
- Family Support and Training

Education Support Services
If you would like to get a job but need additional training or education, these services will help you gain the skills needed to move forward. Services include: assistance with applying to an education or certification program; tutoring to attain a TASC diploma; support to find and apply to an apprenticeship program; cognitive remediation; financial aid application assistance; building study skills; and more.

Pre-Vocational Services
If you have been out of the workforce and would like to get back in or if you need to enhance your job skills, Pre-Vocational Services will help you identify the skills you will need and what you must do to prepare to re-enter the workforce.

Short-Term Crisis Respite
If you are experiencing challenges in daily life that are making your recovery difficult, this service helps you build supports to guide you through the crisis. For this service, please contact East House’s Affinity Place at 585.563.7083.

Empowerment Services - Peer Support
Sometimes, it is easiest to learn from individuals who share similar experiences. Peer Support Specialists will empower you to cope with your illness and learn the skills to manage your symptoms. Peers are available to assist if you are nearing or in crisis as well.

Family Support and Training
These services help your family understand how to support you in recovery including education about your illness, your treatment plan and medication; available support groups; and family mediation/conflict resolution.

We are accepting referrals for these programs. If you are interested, please contact your Health Home Care Manager.