

Recovery Support Services

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day	3 Brain Train: 10-11am. Interview Tips & Tricks: 1-2pm. Create Your Winning Resume: 2-3pm.	4 Basic Computer Skills: 3-4pm.	5 Brain Train: 10-11am. Assertiveness: 1-2pm. Game Day: 2-3pm. Family Feud!	6 Hike: 2pm.
9 Open Computer Lab: 1-3pm. Women's Group: Women's Day of Discovery Reunion. 2-3pm.	10 Brain Train: 10-11am. Create Your Winning Resume: 2-3pm. Hike: 2pm.	11 Canvas Creations at AC: 12-1pm. Basic Computer Skills: 3-4pm. Friends & Family Night: 4:30-5:30pm.	12 Brain Train: 10-11am. Creative Writing: 1-2pm. Relating to Others: 2-3pm.	13
16 Open Computer Lab: 1-3pm. Canvas Creations: 2-3pm.	17 Brain Train: 10-11am. Interview Tips & Tricks: 1-2pm. Create Your Winning Resume: 2-3pm.	18 Intro to Wrap For Work: 2-3pm. Basic Computer Skills: 3-4pm.	19 Brain Train: 10-11am. Assertiveness: 1-2pm. LGBTQ+ & Friends: 2-3pm.	20 So You Want to be a Peer: 1-2:30pm.
23 Open Computer Lab: 1-3pm. Breaking Free from Tobacco: 1-2pm.	24 Brain Train: 10-11am. Create Your Winning Resume: 2-3pm. Greenovations Volunteer Project: 3-5pm.	25 Canvas Creations at AC: 12-1pm. Basic Computer Skills: 3-4pm.	26 Brain Train: 10-11am. Creative Writing: 1-2pm. Self-Care 101: 2-3pm.	27 Movies with a Message: 1-3pm. "Pursuit of Happiness." Movie Discussion: 3-3:30pm.
30 Open Computer Lab: 1-3pm. Canvas Creations: 2-3pm.				

Recovery Support Services
 259 Monroe Avenue, Suite 200
 Rochester, NY 14607
 Phone: (585) 238-4800
www.easthouse.org

SIGN UP FOR ACTIVITIES AT (585) 238-4800. (Please leave your name, activity and phone number.)

Location: We are located at Monroe Square which is on the 47 bus line. Limited transportation and bus passes are available for clients for some activities.

